



Proyecto PID2022-136289OA-I00 financiado por MCIN/AEI/10.13039/501100011033/ y por FEDER Una manera de hacer Europa

Identificación del proyecto:

Afrontando los Retos en Sostenibilidad y Calidad del Prácticum Clínico en el Grado de Enfermería en España

Descripción del proyecto:

The Spanish health system is currently facing a systemic shortage of registered nurses that is expected to grow as baby boomers retire. As a fast response to the shortage, the number of nursing students is being progressively incremented. However, the increase of nursing students translates into a workload increase among nurses that have to mentor them during clinical practicums. This may generate opposite effects, including a reduction in the quality of mentorship and of education in nursing studies, and compromise the sustainability and quality of the current clinical practicum model in Spain. Clinical practicum models, to be of high-quality and sustainable, should account for systemic factors influencing clinical learning environments (e.g. employment and working conditions of nurses, poor recognition mechanisms within health institutions of the role of clinical mentors) that jeopardize the available time, energy and resources of nurses to perform as clinical mentors. Most critically, these should also consider the wellbeing of both students and clinical mentors.

Accordingly, in this project we aim to a) identify barriers to and facilitators of quality of mentorship during the clinical practicum in Spain from the perspective of students and clinical mentors, b) gain an in-depth understanding of their experiences during the clinical practicum, and c) develop a clinical practicum model that is sustainable, provides high-quality teaching-learning experiences and promotes the wellbeing of clinical mentors and students in Spain. We will do so in two phases: first, a diagnosis phase. It will consist of two quantitative surveys administered to clinical mentors and students, inquiring about self-perceived quality of mentorship and factors potentially affecting it. These, as well as semi-structured interviews with nurse coordinators responsible for the assignment of students to nurses, will guide semi-structured interviews with clinical mentors and conversations driven by an elicitation technique, the emotional calendar, with students. As such, we will be able to go deeper into the factors affecting the quality of mentorship. We will also conduct a scoping review on best practices in clinical practicums in nursing studies. The integrated results generated by the 3 methodologies will inform a qualitative Delphi study, in which key stakeholders in the fields of nursing education, health systems and policymaking will be interviewed in 3 rounds to reach consensus on a proposal of a clinical practicum model that is of high-quality and sustainable. The project is thus expected to contribute to current knowledge on factors affecting quality of mentorship from the perspective of the main actors involved, as well as to breed an evidence- and experience-based proposal of a clinical practicum model that has the potential to

overcome current and future challenges experienced within the Spanish educational and health systems. The process of developing this model proposal can also serve as a roadmap for future restructuring processes involving interdisciplinary fields. Moreover, even if implementing the proposed model is beyond scope of this project, it will aid in fueling the dialogue between and within sectors about the Spanish clinical practicum model and challenges posed by the current situation of shortage, which can already initiate a transformation towards sustainable clinical practicums in nursing studies and potentially in other health sciences.

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61.250,00€

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